

SFCB NEWSFLASH

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JULY FLASHBACKS

4th of July BBQ

We enjoyed a fantastic 4th of July BBQ filled with delicious food, laughter, and great company! A special thank you to the Joyce Family for their kindness and generosity in hosting a celebration. We truly appreciate the opportunity to come together and make such wonderful memories.



The Crush

The St. Francois County Board Softball Team "The Crush" brought home the gold on Saturday in Cape Girardeau! They will play on August 8th in Affton, and we can't wait to watch them! They're awesome! A big thank you to Sherrill Stegall for making the amazing team banner!



Bowling Night

The Giving Crew and Sunshine Ladies had an amazing time at the bowling alley Friday night. Great company, lots of laughs, and a little friendly competition made for a perfect evening!



Annually on the 17th of August, we observe National Nonprofit Day, recognizes the tremendous impact nonprofit organizations have in strengthening communities and improving lives. From providing essential services and resources to advocating for those in need, nonprofits play a vital role in addressing challenges, creating opportunities, and promoting positive change.

This special day serves as a reminder to celebrate the dedication of nonprofit organizations, their staff, volunteers, and supporters who work tirelessly to make a difference. It is also an opportunity to support their missions through volunteering, donations, advocacy, and community involvement. Together, we can help build stronger, more inclusive communities and create a brighter future for all.

The St. Francois County Board for the Developmentally Disabled proudly operates as a nonprofit organization governed by a nine-member Board of Directors appointed by the St. Francois County Commission. Since the passage of the county mill tax in August 1980, the Board has been dedicated to supporting individuals with developmental disabilities by funding, providing, and promoting services that enhance independence, inclusion, and quality of life.

The Board has worked alongside local agencies, families, and community partners to ensure that individuals with developmental disabilities have access to the resources, supports, and opportunities they need to thrive. On National Nonprofit Day, we celebrate the collective efforts of nonprofits everywhere and reaffirm our commitment to serving the citizens of St. Francois County with compassion, purpose, and dedication.

Together, we can continue creating a community where every individual is valued, supported, and empowered to reach their full potential.

National Kinetic Sand Day

National Kinetic Sand Day celebrates this sensory material for its unique texture, both moldable and free flowing. Beyond being a fun and creative medium, kinetic sand also holds therapeutic value. It can help improve fine motor skills, build hand strength, enhance focus, amongst many other skills. For individuals with sensory processing challenges, its calming tactile properties may reduce anxiety and support emotional regulation. It's a simple tool that offers both enjoyment and meaningful benefits, making it worth celebrating.

To learn more, please visit [Special Education Journey](#), and [Key Rehab](#).

Feeling Crafty? Make Your Own Kinetic Sand!

Ingredients

- ½ cup flour
- ½ cup cornmeal
- 1 tablespoon oil (any kind)
- 1 tablespoon corn syrup

Directions

Combine the flour with cornmeal in a bowl. Then mix in the oil (any kind) and the corn syrup.

Optional: Add a small dab of gel food coloring to the oil before mixing. Use sparingly, as too much coloring may stain hands.

Note

This homemade kinetic sand is non-toxic and edible, making it a fun sensory activity for children when used with appropriate supervision.

Learn more about this DIY recipe at [Surviving a Teacher's Salary](#).



Back to School Bash

School is just around the corner! We were excited to participate once again in the Community of Unity Back to School Bash this past Saturday. Through this incredible community event, more than 1,200 students benefited from school supplies and valuable community resources to help them start the school year prepared and ready to learn.

We were proud to sponsor school supplies, share information about the services and supports available through the St. Francois County Board for the Developmentally Disabled, and distribute sensory fidget packs to local families. Thank you to Community of Unity for bringing our community together and helping ensure students have the tools and support they need for a successful school year.



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